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AMERICA'S ONLY MONTHLY METAL MAGAZINE

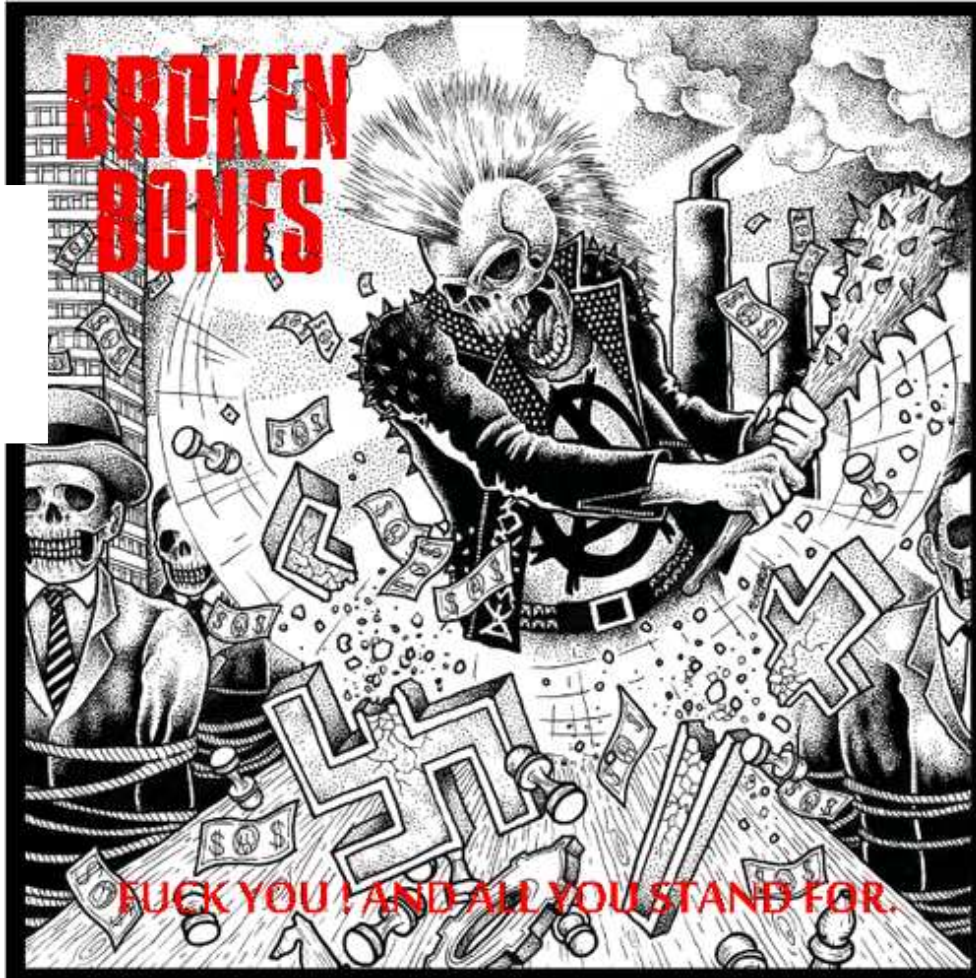


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[BROKEN BONES – FUCK YOU AND ALL YOU STAND FOR](#)



## Dem Bones Recordings (2010)

We'll admit that we haven't exactly been keeping abreast of the latest goings-on with this classic U.K. crossover act, formed in 1983 by former Discharge guitarist Tony "Bones" Roberts. It's probably due in part to the fact that the band never really had a reliable U.S. label—though albums were licensed to various indies over the years—as well as the various break-ups and reunions over the last few decades. So, we were pleasantly surprised to not only find out that the band is up and running, but that two longtime members (Bones, of course, and bassist Oddy) are still grinding it out. And *Broken Bones* in 2010—thankfully—ain't a helluva lot different than the classic mid-'80s lineup that recorded classics like *Dem Bones*, *Bonecrusher* and *F.O.A.D.*

The current lineup of Oddy, Bones, drummer Dave and vocalist Quiv has been going at it since a late '90s reformation, and *Fuck You and All You Stand For* is now their third release in this incarnation. Bones originally left Discharge to pursue a more metal direction, and he continues that mission here with a well-focused fury. On song after song, he throws down crusty thrash riffage over classic, mosh-friendly D-beat rhythms that barrel along with thunderous intent. As metallic as the music tends toward, Quiv's snarling, angry bark maintains the perfect crossover tension. This is some seriously incendiary shit that pretty much schools every "Dis" band that's tried to emulate the style since the originals laid down the template. It's rare to hear a band this far along that still has this much left in the tank. Even though we haven't followed the entire arc of Broken Bones career, we know a goddamn great album when we hear one. And thanks to [Read More](#)



Wide Interweb, BB don't need no stinkin' label to put out a new CD. This is a self-released job available [here](#) and at iTunes, so no excuses for not checking back in with one of the U.K.'s most important thrash exports. —Adem Tepedelen

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