

Really, this takes the whole 80s shot-on-video horror market to whole new angles of campiness - but with less titties! You'd think that would be a drawback. You'd think that WOULDN'T be the case for at least one of these two video-era cheese fests now resurrected by SRS Cinema. I'm fairly sure this is a nearly one-of-a-damn-kind DVD. It features "Swimsuit Sensations" and "Knockout Workout". The latter is exactly what it sounds like. An old workout VHS now revived via DVD. A trio of Hollywood "starlets" (by which I think they mean B-tier actresses - dunno if any of 'em are still working) show off their exercise techniques for all you fitness minded folks. The other one is also what it seems. I just wish these B flick scream queens would actually have shed the swimsuits. We horror fans are all about some nudity in our exploitation. I'm just sayin' man. But seriously (*stifles snort*), the real value of these is the vintage camp elements. This is being not only taken retro to back in the day, it's also a trip to an obscure corner of back-in-the-day. I already have a penchant for watching 80s/90s era shot-on-video horror romps. The relative obscurity fascinates me. THIS is even more obscure. Sure, no horror past the relationship of the scream queens to the genre, but, hell, this, friends, and copious amounts of drugs could make for an hour of fun.



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Upchuck Undergrind listens to a little bit of a lot of things - just note the eclecticism of his reviews. He also reads voraciously and loves movies. He is a very open-minded Episcopalian (and student of Buddhism and Hinduism) who thinks Slayer is one of the greatest metal bands. Ever. In addition to his work with Corazine - for which he has written since its inception (he is a Fishcomcollective veteran) - he also writes for DJFix.com.

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