



SCREAM QUEENS
Swimsuit Sensations / Knockout Workout DVD

Track Listing:

Rating: 3 stars!

I'll explain why I gave this dvd a "3" rating before I start the review...the quality on this dvd is like someone dubbed a 3rd generation vhs tape onto a digital format...it's watchable BUT very annoying at times if you like clean, sharp video.

This dvd is a double feature, it's 2 separate videos on one dvd & the premise of both is simple....scream queen actresses doing aerobics!

The girls on this video are slightly outdated, the hair styles & clothing give that away!

The liner notes on this dvd detail the fact that the master copies of these 2 releases were lost & the best possible copies were used to make this dvd...there are some audio & video crops & drops, but if you love schlock b-movies that have camp value & are goofy with b-movie horror chicks then this dvd will make you laugh.

Again, the premise is simple, b-movie horror girls doing exercises!