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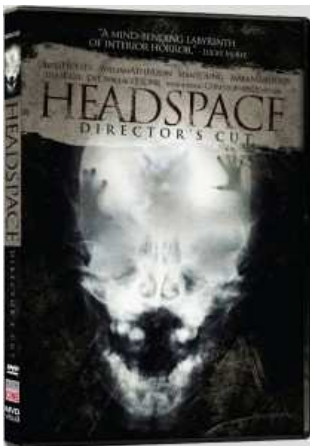
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## Headspace (2005) Movie Review

26 June 2012 Comments (0)



### Headspace

Directed by Andrew van den Houten (Offspring)

Starring William Atherton, Olivia Hussey, and Sean Young

Available from [ModernCine](#)

Reviewer: Horrorthilia Jason

**The Lowdown:** A psychological horror thriller with a monster thrown in for good measure.

The story follows Alex Borden, a 25 year old that seems to be exponentially getting smarter daily. But at this expense, he also gets splitting headaches. He meets a mysterious man that's an artist and spends his time winning money playing chess at a local park. All of a sudden people that Alex knows start to die off one by one by some type of demonic creature that rips them to shreds. Alex must unlock the secrets of the past in hopes to stop the creature once and for all.

The biggest fault of this movie is the familiarity of it. Alex has a shrink that he reveals his visions and tales of the monster that he believes that's killing people. Of course she think he's crazy and tries to convince him of the same. How many times have you seen that before? Is he crazy? does he have powers? is it supernatural?

What did help the movie was the acting was pretty damn solid. Alex (Christopher Denham) played a great neurotic on the verge on breaking down. Sean Young, Larry Fessenden, Olivia Hussey, and the list goes on and on. Most of the other characters were damn solid even if they had some minor roles.

The monster and gore effects were also top notch. I kinda wish they would have just skipped the psychological bullshit and just made a B style bloody monster movie. The highlight of the film is when Udo Kier gets his face ripped off by the monster claws. It needed way more of that shit. The blood and guts worked but the actual design of the monster's face was kinda cheesy. I would have preferred that they just showed the claws only and never revealed the face. Also their is a fantastic flashback scene with a shotgun blast that showcased a great fx kill.

Now for the weakest part of the movie. The ending. It's one of those ambiguous, make up your own theory on what really happened type of films. Sometimes I don't mind this, but the choices of what it could be, all were shitty in my opinion. One of the big reveals was fairly obvious and didn't have the impact I felt they wanted. I would have much preferred a crazy definitive answer over the mystery route they went. I didn't hate the film, I enjoyed quite a few scenes, but none of it felt original or fresh enough to take it out of the worth watching once category.

**Final Rating: 6/10**

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