

The Rabid Whole Refuge

Boonsdale Records



This high energy band's latest release introduces their alt-rock roots into the mainstream arena yet manages to keep their credibility and their hard rocking sounds intact. While other bands might follow the leads and sounds of what is around them The Rabid Whole are leading the way to offering up an original sounding release. I have to agree with vocalist / guitarist Andreas Weiss "The Rabid Whole is providing an exit, an honest and refreshing alternative to the bullshit we've been fed and it's noticeable. Anyone that hears what we've come up with is hopefully going to have a hard time ignoring it." **ML**

8/10



Redd Foxx I Ain't Lied Yet

MVD Audio

In today's world of comedy the late Redd Foxx might be overlooked and in most cases never heard of from many comedy fans. Yet there was a time when Foxx ruled the Vegas scene as the must be seen stand up act. His raunchy show paved the way and inspired many comedians to start their craft. The amazing Chris Rock cites the ground breaking comedian as a major influence to his work. For any inspiring comedians who take the time to enjoy this CD recorded live in 1978 I'm sure they too will be impressed with how well the set stands up and hopefully inspire a new generation of comics. **ML**

9/10

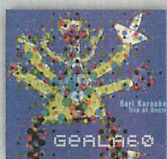


UniSonic Unisonic

Armoury Records

If you feel your diet of anthemic rock songs is a running a little low. Search out Unisonic's self-titled debut and get ready to head bang yourself back in line as this heavy metal supergroup (former members of Asia, Gamma Ray, Helloween) uses the bands vast talents to teach the kids how to get the job done. The band manages to capture a heavy rock sound but is versatile enough to allow their catchy melodies to ring clear without sacrificing the powerful drums and fine guitar work. **ML**

8/10



Hari Karaoke Trio of Doom Gealae

Bad Egg

When ever I get a CD and the spec sheet that accompanies it suggests 'Recommended tracks for headphone recommend listening', I do just that but add a little smoke to close the deal. Well what can I say this CD delivers a spacey trip of funky industrial jazz that will have you shaking with excitement from the very first notes. It really is a great record to get high to as the various guitars and beats play with your senses like a snake charmer luring a cobra out of his basket. **ML**

8/10



Brian Jonestown Massacre Aufheben

a/Records

I'm a huge fan of this group. BJM just get better with each outing. The vibe of their latest release just trips you out. Aufheben uses the usual BJM sound and tosses in eastern influences to make an at times wonderfully weird and just plain fascinating work of art. This band has had more ups and downs than an elevator and a revolving door on its members (20 band members come and gone) yet the psychedelic trance of their sound is still strongly attracting new and old fans everyday. **ML**

8/10



Blues Control Valley Tangents

Drag City

As I tossed the CD into my player I was expecting to hear a blues recording. To my surprise a jazz concert meets a symphony exited my speakers. A totally different wave of sound came at me as I smiled and shook my head thinking...Drag City you scored again. Valley Tangents has a mixed rich variety of sounds. My favorite cut is the laid back very mellow jazzy "Open Air" which just allows you to escape as you fall to its charms. The more I listened to Blues Control's release the more I got to hear the different textures of sounds making the CD one of the finer things to cross my desk in awhile. **ML**

9/10



The 44s Americana

Rip cat Records

Sometimes a good shot of Blues is just what the doctor ordered. The 44's serve it up with tremendous energy sweating a healthy mix of Chicago meets West Coast lets get dirty Blues. Leading off with a cut called "Hanging Tree" which will have you swinging to its groove, the band will also have you tapping your feet when they switch gears and rockabilly out on you. With great covers of Willie Dixon and Howlin' Wolf classics along for the ride, Americana is as sweet as hot apple pie. **ML**

8/10

ARTIST SPOTLIGHT

TRIBUNE



TRIBUNE IS A HARDWORKING, loud playing band from British Columbia, Canada who has recently released its latest recording after a six-year absence. Far from rusty, the boys are tearing up the road in support of Elder Lore/The Dark Arts. We tossed a few questions at bassist Ryan O'Shea to see what is up with him and his buddies as they rip through your area on a hellbound tour.

I ASSUME YOU KNOW CHAD KROEGER AND WE LOVE THE ALBUM ARTWORK, WHO'S RESPONSIBLE FOR THAT?

Actually, I created all the original pieces of art for our newest release, *Elder Lore/The Dark Arts*.

In the year before we debuted this disc, I was going through a lengthy recovery from a serious condition I have and I was creating a lot of different pieces, most of which were centered around the many lyrical themes present in the album. Before I knew it, I had channeled a large amount of the frustration I was feeling at that time into a bulk of usable material and had my band unanimously supporting the idea of using my imagery on the CD.

TELL US ABOUT THE NEW ALBUM, ELDER LORE/THE DARK ARTS...

It's the realization of a unique artistic vision, not only musically but visually. It features our own brand of progressive, thrash, death, rock and is packed with, as you mentioned, psychedelic artwork that relates to the lyrical themes present in the music on *Elder Lore/The Dark Arts*.

I HEAR YOU'RE A MEDICINAL MARIJUANA PATIENT, WHAT IS AILING YOU? CAN YOU LET US KNOW IF YOU HAVE A FAVORITE STRAIN? DOES MARIJUANA ALSO HELP WITH THE CREATIVE JUICES WHEN PLAYING AND WORKING WITH THE BAND?

I am a card-carrying medicinal patient! I was diagnosed with systemic lupus in 2001. It's an autoimmune disease that causes your antibodies to destroy your internal organs. I've used marijuana for years to combat all sorts of the side affects to my condition such as shaking, arthritis, pain and insomnia, to name a few. I've also used it to deal with nausea caused by taking so many different medications.

Because I experience a lot of different symptoms during the day, I find it best to have a daytime strain and a nighttime strain. I am partial to Jack Herer and Blueberry for a daytime smoke and any Kush variety for a nightly token.

I have also found that my periods of musical and artistic creation often ebb and flow along with the frequency of my marijuana use. It evidently eases my mind and body into a state of comfort in which creation comes naturally and also can slightly alter my artistic point of view so that I suddenly see things in a more dynamic light.

WHAT CAN WE EXPECT TO SEE AT A LIVE TRIBUNE SHOW?

A band that prides themselves on their live performance, music that is both melodious and heavy and an extremely diverse crowd of concertgoers.

www.TribuneMetal.com