



Bob and the Monster

POSTED BY KEN MURRAY ON OCTOBER 21, 2013 IN REVIEWS



GREAT ROCK DOC!

Movie ★★★★★

Bonus Features ★★★★★

Main Plot Points:

- This award winning documentary follows outspoken indie-rock hero Bob Forrest, through his life-threatening struggle with addiction, to his transformation into one of the most influential and controversial drug counselors in the US today.
- The film crafts contemporary footage and compelling interviews with archival performances to reveal the complex layers of this troubled, but hopeful soul.

What We Thought:

- **Bob and the Monster** is a really good rock documentary about the fall and re-birth of Bob Forrest.
- I watched a few seasons of **Celebrity Rehab** so I knew of Bob. I just had no idea he

was almost a rock god before drugs took it all away.

- Bob and his band were Hollywood legends in the 1980s playing with bands like the Red Hot Chili Peppers and Jane's Addiction (2 bands I'm a fan of). He even had some success and probably could have had a huge career if drugs and booze didn't take over his life.
- But with that fall came his Phoenix like rise as one of THE best addiction experts in the US. He personally helped John Frusciante of the Red Hot Chili Peppers and countless others.
- It all started with a phone call with Dr. Drew Pinsky. Bob was doing a radio

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interview during Dr. Drew's show and a caller was asking Dr. Drew about her friend's cocaine addiction and Bob openly talked about his demons. Once he cleaned himself up, he met up with Dr. Drew later on and helped musicians clean their acts up.

- **Bob and the Monster** is a must watch documentary for any musician starting out. It's also a great watch for those dealing with addiction or dealing with addicts. Equal parts rock doc and human interest piece, the film is definitely recommended.

Special Features:

- Director Commentary
- Commentary with Bob Forrest
- Making of Claymation

Notable Cast & Crew:

- Bob Forrest
- Anthony Kiedis
- Dr. Drew
- Flea

Recommended if You Like:

- **Celebrity Rehab**
- **VH1's Behind the Music**
- Rock Docs

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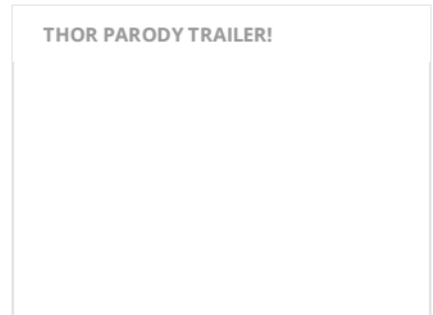
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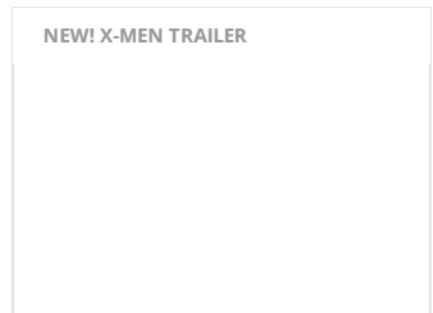
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