



**Bob and the Monster (dvd)**

**(Shaker Films/Acetate/MVD)**

Bob is **Bob Forrest**, erstwhile leader of **Thelonious Monster** and drug counselor on TV's *Celebrity Rehab*. Director Bahruth's film chronicles his career as a serial addict who led a sometimes-brilliant band, the long road back from hell, and his efforts to help rock musicians and others going down a similar dark path. Forrest and the raft of interviewees—former bandmates and friends, including members of the **Red Hot Chili Peppers** and **Fishbone**—pull no punches when discussing his life, making this an honest portrait of an artist who stared longingly into oblivion, but pulled back from the edge for the sake of helping others. ([acetate.com](http://acetate.com); [mvd2b.com](http://mvd2b.com))

- Jack Rabid