

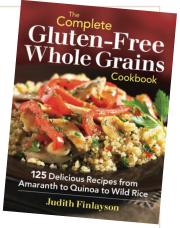
## JUST BECAUSE YOU'RE **GLUTEN-FREE DOESN'T** MEAN YOU CAN'T EAT

WHOLE GRAINS: Simply sublime recipes featuring: amaranth, buckwheat, corn, Job's tears, millet, oats, quinoa, rice, sorghum, teff and wild rice. This fullcolor book is proof that good taste and gluten-free options are not mutually exclusive, \$24.95. (Not shown: Not gluten-free? Try 175 Best Mini-Pie Recipes, \$24.95), www.robertrose.ca



## MARY BETH HURT NARRATES THE

GOOD HOUSE: Hildy Good, lifelong resident of Boston's North Shore, successful real-estate broker, freshout of rehab A charming newcomer and the occasional bottle of wine lead Hildy astray. Covering her tracks, secrets become dangerously intertwined, and this darkly comic novel takes a chilling turn. Narrated by actress Mary Beth Hurt, 8 CDs, 10 hrs, List: \$39.99, www.amazon.com/The-Good-House-A-Novel/dp/1427228884/ ref=tmm\_abk\_title\_0

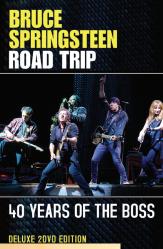


CHOOSE YOUR INTENTION! What's your intention for today? Try Abundance, one of three essential oil sprays by Intentional Remedies. Crafted to assist you in creating your desired intentions, choose Clean the  $\mathit{Air^{\text{TM}}}$  to dissipate disruptive energy and germs, or Love Potion #7 to increase unconditional love of self and others. \$20 each, at Thermographic Diagnostic Imaging, www.tdinj.com; info at www.Intentionalremedies.com



10 GIRLFRIENDZ MAGAZINE - March/April 2013

A BOLD STATEMENT FOR SPRING, this leather beauty is blossoming with 3-D flowers. Wear it as a cross-body or shoulder bag, find it at the Queen Bee Boutique, 23 S Main St, Medford. But QBB doesn't stop at accessories! Check out their clothing, (new shipments weekly!), \$58.00, www.thequeenbeeboutique.com/home.html



## LISA **SCOTTOLINE )**ON'T

what they seem. Don't Go, available 4/9/13, \$27.99, http://us.macmillan.com/dontgo/LisaScottoline#buythe-book

THIRTY-ONE, WHERE BEAUTY & FUNCTION MEET Holly Sanborn, an Independent Thirty-One Director, has tipped off Girlfriendz to the hottest trends for spring. Cinch sac, in 14 fabrics, drawstring closure and large outside zipper pocket, \$20. Keep-It-Caddy, in 8 fabrics, lots of exterior pockets, \$22. Timeless Beauty Bag, in 4 fabrics, 3 interior zipper pockets and hanging handle,

\$25, www.mythirtyone.com/hollysanborn

Off to Nana's



## THE LATEST BOOK FROM OUR GIRLFRIEND, LISA

CAN'T GET ENOUGH **OF BRUCE?** Check him out on this

PQ, and all you other Bruce-o-philes.

Rare and previously

issued footage tell

the story of his rise

deluxe 2 DVD edition of Bruce Springsteen Road Trip: 40 Years of the Boss. This one's for you,

the first time from a male perspective, bestseller Lisa Scottoline delivers the story of a doctor who, while serving overseas, learns his wife has died in a tragic accident. Devastated, he returns home to learn the circumstances surrounding her death aren't

**SCOTTOLINE:** Writing for