Cleveland Plain Dealer

"Frank Zappa: The Freak Out List"

The late great rock musician Frank Zappa listed his main musical influences in the inside cover of his first album, 1966's "Freak Out!" Years later, he continued to refer back to this list, which serves as the starting point for this unauthorized retrospective of his brilliant career. Rare footage, interviews with members of Zappa's band the Mothers of Invention, chats with biographers and music experts and more come together to create an unusual portrait of a most unusual musician. Unrated, 88 minutes. DVD extras: extended interviews and a featurette. From MVD Entertainment Group.

- Chris Ball