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The Ball
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Sacred Triangle: Bowie, Iggy & Lou 1971 - 1973

Score: **70%**
Rating: **Not Rated**
Publisher: **MVD Entertainment Group**
Region: **A**
Media: **DVD/1**
Running Time: **107 Mins.**
Genre: **Documentary/Musical/Independent**
Audio: **Stereo Sound Mix**

Fans of any of these artists will find new material here. "Ziggy Stardust" was one of the first cassettes I owned (yes, I'm kind of old) and I collected just about everything I could from Bowie after that point. I was exposed to Lou Reed and Iggy Pop later. Fans of Velvet Underground and The Stooges will claim different entry points to this so-called **Sacred Triangle**, but all of us stand to be a bit surprised at the extent these three influenced each other during this period. What makes the DVD special is its focus on interviews with people involved during that time, notably Bowie's ex-wife Angie. Her loud, in-your-face style isn't exactly what you've come to expect from gentele Bowie, but then again, Iman isn't exactly a wallflower. Other managers, producers, and band mates chime in to provide a more interesting narrative than the usual pundits and writers trotted out for these documentaries. Along with the interviews, you get plenty of video footage, still photos, and soundtrack. We always like more video footage, especially showing extended versions of songs, and there's a good amount showcased here.



The highlights of **Bowie, Iggy & Lou 1971 - 1973** might not seem rich enough, considering the short period of time. Much in the vein of a perfect storm, these years turned out to be a time when each artist needed a creative shock in order to keep moving. Bowie was on the rise, Reed had dropped out, and Iggy had burned out... The shift Bowie made from struggling musician to pop phenom had a dose of Warhol and what Velvet Underground brought to the U.K., but it wasn't until this time that Bowie and Reed met. The raw energy that Iggy Pop had displayed with The Stooges had a huge impact on breaking Reed and Bowie away from art-rock and pop. On reflection, you might say that this meeting of the minds was a bigger benefit for Bowie than the others, considering his success in growing and sustaining a career for decades after this point. The documentary doesn't make this suggestion, but it does suggest that none of the three would have achieved their later success without this chance encounter.

Arguably a niche production for a niche audience, **Sacred Triangle: Bowie, Iggy & Lou 1971 - 1973** is a great addition for fans. It also may strike a nerve with some early Gen-Xers or late Boomers that spent their adolescence listening to this stuff. All three men have continued making significant music, influencing diverging streams of artists that may not realize how much they owe to the creative spark engendered in **Bowie, Iggy & Lou** during the early '70s.

-Fridtjof, GameVortex Communications
AKA Matt Paddock

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