

Discover Dance
Combinations



The Cha Cha Cha

...basic movement...fan...hockey stick...shoulder to shoulder...basic movement...alemana turn...cha cha chas in right side position...spot turn...cross basic...split cuban break...open hip twist...chase...curl...basic movement...fan...hockey stick...shoulder to shoulder...basic movement...alemana turn...cha cha chas in right side position...spot turn...cross basic...split cuban break...open hip twist...chase...curl...basic movement...fan...hockey stick...shoulder to shoulder...basic movement...alemana turn...cha cha chas in right side position...spot turn...cross basic...split cuban break...open hip twist...chase...curl...basic movement...fan...hockey stick...shoulder to shoulder...basic movement...alemana turn...cha cha chas in right side position...spot turn...cross basic...split cuban break...open hip twist...chase...curl...basic movement...fan...hockey stick...shoulder to shoulder...basic movement...alemana turn...cha cha chas in right side position...spot turn...cross basic...split cuban break...open hip



with Simon and Heidi Cruwys
former UK Professional Ballroom Champions

the best, step by step,
interactive guide to the Cha Cha Cha

Series 2

Discover Dance Combinations


The Cha Cha Cha, Series 2

The aim of this DVD is to teach you a series of three stylish Latin combinations. Simon and Heidi Cruwys, former UK Professional Ballroom Champions provide the best, step by step, instructions. Each of these combinations will be taught in three clear stages. Stage 1: Each step within the combination can be practiced individually with detailed instructions. Each step will be repeated slowly three times. Stage 2: The steps will now be practiced together in sequence, as they appear in the full combination. The step sequence will be repeated six times. Stage 3: Finally, the whole combination is practiced to music at a realistic pace. The combination will be repeated six times. You'll be the envy of friends and family in no time!

Bonus

- Interactive menus allow you to practice on your own as Leader (Gentleman), Follower (Lady), or as a Couple
- Looped practice structure
- Special professional competition Cha Cha Cha routine
- Bonus routine for next series

Title	Discover Dance Combinations The Cha Cha Cha, Series 2
Selection #	DDC1699
UPC	022891169994
Prebook	3/11/2008
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Retail	\$19.95
Genre	Instructional
Run Time	50 mins
Box Lot	30
Label	QUANTUM
Audio	5.1 Surround Sound
Format	DVD



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