About.com: Heavy Metal

Rat Skates: Born In The Basement

From Chad Bowar, Your Guide to Heavy Metal. FREE Newsletter. Sign Up Now!

Guide Rating - ★★★★

Rat Skates was the founder of the thrash band Overkill. He was in the band from its inception in the early '80s until the pressures of the road saw him exit in 1987.

Rat Skates: Born In The Basement is the story of Skates and his early years in the industry. It's a fascinating inside look at what it took to get Overkill off the ground. Skates came from the punk scene and had that DIY ethic. He literally did everything at the beginning, from making his own stage clothes to building the stage set to designing flyers to silk screening tee shirts.



Kundrat Productions

In addition to Skates narrating his story, there are also tons of candid photos of the early thrash bands, or as Skates calls them, "The Thrash Metal Class Of '80." Skates wrote and produced the movie and his wife directed (they have a film production company), so everything is seen from his viewpoint. Information about Overkill and some of the other bands of that era is given, but the main focus is on Skates and his DIY efforts in building the band.

Rat Skates: Born In The Basement is just over an hour long, and there is also plenty of bonus material and even a director's commentary. This is a movie that will be of great interest to fans of early thrash, but Skates' story is compelling and unique enough that you don't have to be a fan of Overkill or even metal to enjoy it.

11/26/2007 9:33 AM