

POST-GAZETTE, DECEMBER 25, 2009

**DANCE A GOGO: SEXY NIGHTCLUB WORKOUT SERIES  
(3-DVD) — *MVDvisual***

Andrea Lin has appeared in music videos for everyone from Britney and Madonna, to Velvet Revolver, to L'il Kim to Dave Chappelle, and now turns her years of professional experience to crafting a completely unique dance instruction DVD. The 3 DVD box set has three titles: "Music Video (Dance Workout)", "Sexy Latin Groove" and "Nightclub Fun (Dance Workout)". This DVD set combines not just choreography and exercise, but also sexiness, grace and empowerment. Lin uses the hottest night club moves to provide a just-for-women fitness routine, designed specifically to bring out your inner sex appeal while toning your body.

---