

Dance a GoGo: Sexy Nightclub Workout Series 3

MVD Visual, 90 minutes, 3 discs, \$35.95

Andrea Lin teaches the ladies how to shake their booty using the hottest nightclub moves. Features three titles: "Music Video Dance Workout," "Sexy Latin Groove" and "Nightclub Fun Workout." I'm trying to maintain decorum here, but the photo on the box doesn't leave much to the imagination. Suffice it to say; I won't be reviewing this one. No extras listed.

- Harry Thomas