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"Let's get it on!": Buffalo's favorite son's, STEMM, return to Western New York

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STEMM

STEMM, a metal band originally formed in Niagara Falls, N.Y. in June 1998 and popularized in Buffalo, N.Y., is returning to Western New York this summer as the headline act of a national tour - in part to promote their third full length studio album "Blood Scent" - released in November 2008 under Catch 22 Records.

Blood Scent includes tracks such as: "One King Down", "The Devil Walks Among Us" and "Broken Face Masterpiece".

STEMM, in its current incarnation, consists of members Joe Cafarella, vocals and guitar, Alex Scouten, guitar, Steve Crowl, bass and Dan Nelligan, drums.

As a band that refused to follow the typical politics and shameless brown nosing involved in pursuing a career in the music business, and constantly struggling as

underdogs as a result, STEMM managed to strike professional and demographical gold when they signed a licensing deal with the Ultimate Fighting Championship (UFC) in 2002.

STEMM's association with the UFC has resulted in the band's production of music for various UFC related programming. Their songs, in some form, have been a mainstay for shows such as The Ultimate Fighter and UFC Unleashed on Spike TV.

Their music has also been incorporated into the opening sequence of every UFC pay-per-view since 2002.

STEMM's crossover appeal in every social facet is undeniable as well.

The band's overwhelming humility in the face of super stardom and their selfless willingness to associate with their public, coupled with their association with the UFC, has broadened their fan base in ways they never imagined possible.

Through their exposure with the UFC, STEMM has successfully introduced their brand of music to not only the hardcore metal heads they cherish so deeply, but also to fans of mixed martial arts - as well as fans of other genres of music and differing age ranges.

From ten-year-old girls to fifty-year-old men, the dynasty that has become STEMM has exploded onto the pop culture scene in nearly every way possible.

Now, after ten years in the music business, the release of two studio albums and with more live shows under their belts than they can count, STEMM is on the road promoting their third album, Blood Scent.

Blood Scent, an album, "packed with crushing guitar riffs, a rock solid rhythm section and a vocal technique comparable to James Hetfield, Phil Anselmo and Corey Taylor all put together like some metal Frankenstein monster", as noted on the band's MySpace page, also includes the single "Awake".

The album, as described by lead singer Joe Cafarella, "is *our* (band's) Vulgar Display of Power", - a reference to Pantera's album of the same name released in 1992.

"We just wanted to make a CD that would not pigeon hole us into a certain cliche' sound", he concluded.

In a press release by the UFC, the company stated that the song, "House of Cards", from Blood Scent, will be used as the title track for UFC Wired - also on Spike TV.

STEMM will be performing live at the Cliffstar Skate Park during Skate Fest '09, in Dunkirk, N.Y. on July 11, The Montage Music Hall, in Rochester, N.Y. on July 18 and at The Lost Horizon, in Syracuse N.Y. on August 1.

Show times are at 1 p.m., 8 p.m. and 8 p.m. respectively.

Discography

Further Efforts EP - 1999

Dead to Me -2000

Songs for the Incurable Heart - 2005 (re-released in 2006)

Blood Scent - 2008

www.stemm.net

www.myspace.com/stemm

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