

[SBB](#)

*The Rock*

[Metal Mind](#)



Polish progressive rock- sung in Polish- could be a difficult sell in most non-English speaking territories. With only 4 English lyric songs, *The Rock* from the trio SBB proves to be an endurance test in reviewing for me. The arrangements seem to be built upon quiet layering, clean guitar lines and a slight jazz rhythmic sense. These guys have certainly been around the block, as one look upon the studio photos enclosed in the CD booklet attests to the fact that these guys are clearly in their 50's.

Overall, there isn't anything that captures my ears. The songs have impressive playing yet little hook-wise to maintain my brain matter. The vocal melodies seem like an afterthought to SBB, as the singer often talks his way through the proceedings. They've studied their European 70's progressive rock textbook well, but can't say they are changing the face of the genre with *The Rock*.

Next...

D- -Matt Coe