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Fishbone

Critical Times - Hen House Sessions(DVD)

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"Critical Times - Fishbone's Hen House Sessions" is an interesting look at a highly influential band doing what they do best - experimenting and breaking all barriers. Fishbone is known for their eclectic mix of punk, jazz, fun, and pop, and this DVD shows the band in the process of reforming.

The Hen House is a free community recording studio. Going in with no producer, the newly reformed Fishbone set out to record new songs. What becomes apparent through the course of this DVD is that Fishbone's eclectic style is not an accident. Each band member pushes the limits of creativity. From working out horn arrangements to writing theremin solos, this is what it's like in the studio with Fishbone.

While an interesting look into the creative process, and the personal lives, of this legendary band, the amount of repetition does drag a bit. For ninety minutes Fishbone works on six songs. The viewer is never treated to full versions of these gems. Still, I found this a very interesting watch. The insight into the inner workings of the creative genius that is Fishbone more than made up for the sometimes slow pace.

Key Tracks: "Skank N' Go Nutts" "In the Heat of Angrrr"

Reviewed by: **Jim McDonald**

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