

SINISTER - *Prophecies Denied* · Metal Mind / MVD

I was very excited to see and hear what this legendary Death Metal band would be like live with the revamped lineup. I mean, Aard's supposed to be behind the drum kit, not the mic! But fear not, true believers, Aard delivers the goods, as does new drummer Paul Beltman. No surprise there, of course, but I'd be lying if I said that I wouldn't have liked to have seen Rachel sing, just to see how she managed live.

The video and audio quality here are, as usual for Metal Mind, second to none, with the main show being shot in anamorphic 16x9 widescreen, with the option for 5.1 Dolby Digital surround sound. I just can't say enough about how great this looks and sounds. If you want a good live recording, go to fucking Poland!

As always with a band I like as much as Sinister, I wish that the show had been longer, although it does clock in at about an hour, so that's not bad. Because they're cool, the guys go all the way back to their first album, 1992's *Cross the Styx*, for two songs, "Epoch of Denial" and "Cross the Styx" itself. That alone might be enough to make this a must-buy. The rest of the set list spans the band's career, and everything is played to intense perfection.

There is also a ton of bonus stuff, with a bunch of "bootleg" live clips, a documentary about the band practicing for the Poland show that makes up the main feature on the disc, plus the traditional stuff such as interview, bio, photos, and so on... - 9.5 - <Ray>