# AFTER THE GRIND DVD, BOOK & GAME REVIEWS



### HIP HOP TIME CAPSULE – THE BEST OF RETV 1993

While today's artists seem stuck on portraying the highlife, this was not always the case as shown by this fine DVD that takes us back to the grimier days of 1993. With street-based videos from the likes of Redman, Naughty By

Nature and Kool G Rap going head-to-head with the West Coast swing of Dr Dre and 2Pac, this era certainly set things off for Hip-Hop to move on to bigger things. With interviews, videos, live performances and behind the scenes footage, this trip down memory lane is a real treat for those old enough to have seen it first time around, while all the new-jacks can soak up the rugged styles. 'Can it be that it was all so simple then?'-Slim



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#### HOOKED: THE LEGEND OF DEMETRIUS 'HOOK' MITCHELL – DVD

Hailing from Oakland, Demetrius 'Hook' Mitchell may be a name that many are unaware of – but if things had gone differently then he would have been as well known as many of the NBA

stars he came up with. The man who was a renowned street ball legend known for feats such as jumping over cars, unfortunately took some wrong turns in life and saw his hoop dreams fade with incarceration. This is his story – a sad and compelling tale of how the streets can claim true talent. This acclaimed documentary brings a story that must be heard, and heeded.-Slim



## RANDALL D. WIXEN – THE PLAIN AND SIMPLE GUIDE TO MUSIC PUB-LISHING

The ins and outs of music publishing is a minefield of jargon that confuses all but the most knowledgeable of insiders. However,

help is at hand as Randall D. Wixen brings his wealth of experience to bear in this new title. Written in simple terms, this book is a must-have for those about to set off into a music industry career and more experienced professionals alike. Don't get misled by the industry and end up losing as so many have before – instead get a copy of this title and cut through the pitfalls.-Slim



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"EXTRAORDINARY"

#### GUNNER PALACE – DVD

Taking you closer to the war and made by the troops stationed in Iraq is Gunner Palace, a documentary like nothing that the news will bring you. Taking you on patrol as the U.S. military tries to

keep the peace, this is the story of troops living at Udai Hussein's war-torn palace. With strong language and graphic depictions of life on the front lines, this DVD brings the realities of daily life for these soldiers home to us.-Slim