



GREG LAKE/Welcome Backstage DVD (MVD Visual) This was a cool DVD as you get a peek at how a band gets ready for a tour as you get to sit on some rehearsals and some interviews before a tour. Most people don't realize that a lot of stuff goes on before a band hits the road and after seeing this, this will give you an idea. You get some full rehearsal songs and some backstage interviews, etc. It is almost like your a roadie with a video camera he he. If your a fan of progressive rock music you'll want this as well. A very cool and interesting DVD. Info:

www.mvdvisual.com