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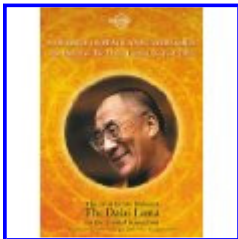
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[Message of Peace & Compassion \(Meridian Trust\)](#)

By

[Upchuck Undergrind](#)

– November 3, 2011 **Posted in:** [Reviews](#)



This DVD is a bit different from the lecture based installments in this series from the Meridian Trust. Rather than just being a teaching from the Dalai Lama – though certainly spiritual truths abound in this disc – this is a document of his trip to the United Kingdom in 2004. We get to see one of the world’s most famous religious leaders mingling freely and joyfully with members of Western culture. Religion meets politics as the Lama meets with politicians, the press, academics, etc. And, of course, he gets the chance to share one of his teachings on Buddhism. The Dalai Lama – exiled from his homeland, where he is more than just a spiritual leader (since Tibetans don’t make Western kinds of distinctions between

religious life and life in general) – is famous for his global journeys. He is an advocate of East-meets-West and science-meets-spirituality. “A Message of Peace & Compassion” gives the viewer a glimpse into the Lama’s worldwide activities as a representative of an oppressed but beautiful culture.

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