POST-GAZETTE, JUNE 27, 2025

The time has come, the walrus said,

PAGE 8



CLUELESS

Cluele

ORIGINAL MOTION PICTURE SOUNDTRACK (Vinyl) UMe UMe marks the 30th anniversary of Paramount Pictures' 1995 comedy classic Clueless, by releasing the movie's soundtrack on both standard weight vinyl and a limited-edition standard weight pink colored vinyl. Loosely based on Jane Austen's 1815 novel Emma, Clueless was hilariously

updated to Beverly Hills High School

in the 1990s by writer/director Amy Heckerling. The iconic film stars Alicia Silverstone as Cher Horowitz, Stacey Dash as her best friend Dionne, Brittany Murphy as Tai, the ugly duckling transformed into a beautiful swan, and Paul Rudd as Cher's disapproving ex-stepbrother. The platinum-selling soundtrack features The Muffs' cover of Kim Wilde's "Kids in America," along with Radiohead's acoustic version of "Fake Plastic Trees" as well as tracks from a who's-who of the decade's alternative music stars, such as Cracker (with a cover of Flamin' Groovies' "Shake Some Action"), Counting Crows (cover of Psychedelic Furs' "The Ghost in You"), Luscious Jackson, World Party (with a rousing cover of Mott the Hoople/ David Bowie's "All the Young Dudes"), Lightning Seeds, Smoking Popes, Beastie Boys, The Mighty Bosstones (who appeared in the film), Coolio, Supergrass, Velocity Girl and Jill Sobule. Additional tracks include: Luscious Jackson, "Here" (Squirmel Mix), "Lightning Seeds, "Change," Smoking Popes, "Need You Around," Beastie Boys, "Mullet Head," The Mighty Bosstones, "Where'd You Go?" Coolio, "Rollin' With My Homies," Supergrass, "Alright," Velocity Girl, "My Forgotten Favorite" and Jill Sobule,

STEVEN HALPERN - SLEEP SOUNDLY VOL. 3 (432hz) (CD) Inner Peace Music



Over 70 million Americans have problems falling asleep. Steven Halpern is the acknowledged master of composing music that relaxes the body, quiets the mind, and soothes the soul. His unique approach creates ambient soundscapes that provide an effective transition to drift off to dreamland. Of special note is the beloved version of Brahms' Lullaby. which is featured in best-selling

author and PBS-TV series host John Bradshaw's videos and workshops on Championing the Inner Child, as well as Bradshaw's appearance on OPRAH. Unlike most music, which subconsciously creates stress due to Halpern's iconic 'scalus interruptus' concept, listeners are kept awake following the melody of familiar music. With Sleep Soundly Vol. 3 (432 Hz), the listener relaxes in the present moment, and does not predict where the music is going in the future. This is the ideal album for drifting off to dreamland, most listeners never hear the end of the album. As Steven Halpern notes, Producing this album was surprisingly challenging. I kept falling asleep in the recording studio in the middle of the afternoonl? Sleep Soundly is a New Age gem that allows the listener to enjoy ten tracks of relaxing, ambient soundscapes that combine healing music, brainwave entrainment and subliminal suggestions for proven effectiveness. What more could one ask for in the crazy, out of control world many are experiencing today?

RASCAL FLATTS DUETS - LIFE IS A HIGHWAY: REFUELED (CD) **Big Machine Records**



Exactly 25 years after releasing their first self-titled debut album, superstar vocal group Rascal Flatts have dropped their highly-anticipated collaboration project Life Is a Highway: Refuel Duets, via Big Machine Records, Their tasty record-breaking new single, "I Dare You," with the Jonas Brothers leads the lineup, coupled with nine beloved Rascal Flatts hits reimagined as

fresh collaborations. The eclectic cast of guest artists, each handpicked their favorite Rascal Flatts song to "refuel" their individual music styles to create all-new arrangements of timeless hits from the trio/s acclaimed 25-year catalog. Receiving early love from fans, the project includes the reminiscent fan favorite "Mayberry with Blake Shelton and the infectiously emotive "I'm Moving On" with Kelly Clarkson. Their collaboration with The Backstreet Boys at this year's 60th ACM Awards, of "What Hurts the Most," prompted Billboard magazine to describe the electric finale as . where some of the best harmonies in pop and country music joined forces." Carly Pearce's vocal effort on "My Wish" exuded heartwarming hope with a stripped-down arrangement, while Brandon Lake offers a spirit-lifting vocal for a whole new take on "Stand. Jurdan Davis dials up the heat on "Yours If You Want It," while Ashley Cooke helps amplify the feel-good nostalgia of "Summer Nights." Others completely transform their original track — for instance the seven-time-platinum "Life Is a Highway," which gets hit with a lightning bolt of intensity from Lizzy Hale, and "Fast Cars and Freedom" with its high-octane tune up delivered courtesy of Jason Aldean, who adds his signature rock edge to the glory-days classic

THE YEAR WAS 1979

Well, here's a trip down memory lane. What do Sony Walkman's, Happy Meals and the Commodore's hit song "Still' all have in common? They were all 1979 hits of one kind or another.

HEAT ALERT

I was putting this piece together on Tuesday with the temperatures down to 90-some thing after reaching triple digits earlier in the day. My car actually registered the temp inside at "106." It felt like the Trammps were singing "Disco Inferno" into my inner ears.

THIS FRIDAY NIGHT, JUNE 27TH - 5:00-9:00 PM

Once again everybody will be at Boston City Hall Plaza dancing away on the imaginary disco floor remembering Boston's hometown Disco Queen at the annual City Hall Plaza Donna Summer Disco Party. Forget Saturday Night Fever, here in Boston we do it a day earlier. Back in the day, I was pretty good on the disco floor if I do say so myself. I even had not one but two monikers. I was either the Disco Kid or Sal Travolta.

I heard another great disco song. Who remembers "Shame" by Evelyn Champagne King? A REALLY wild disco song and almost as good as " Disco Inferno" by the Trammps.



At the 40th annual Brighton Main Streets Awards, Andrew Lew was honored for his tireless dedication to the Allston-Brighton community and the broader city of Boston. Always ready with a helping hand, Andrew has consistently shown up at every neighborhood gathering, uplifting our local businesses and residents. Thank you, Andrew, for everything vou do!

BOTTOM LINE

TO TALK OF MANY THINGS

of shoes and ships and sealing wax of cabbages and kings by Sal Giarratani

> I went to the beach on Tuesday where the temps went to triple digits. While there, I accidentally fell into the water with my phone in my pocket. I killed my

phone with the water. Thank God, it didn't happen at a beach in Canton, but Canton doesn't have a beach. Houghton's Pond is a few miles down the road though.

her sister. Saint Modesta.

Saint Irmina of Oeren

by Bennett Molinari and Richard Molinar

Irmina of Oeren (a village in Belgium) was founder and of a convent in Oeren, abbess near Trier and co-founder of a convent in Echternach, now, Eastern Luxembourg. Legends abound about her life but we do know that she came from one of the most powerful families in the Merovingian kingdom.

According to many versions of Irmina's biography, when she was fifteen years old, she was engaged to marry a man named Count Hermann, but just before they were to marry, he was killed by one of his ser-vants, who "admired Irmina and could not bear that his master should have her."

Irmina then married Hugobert, a wealthy and influential person from the middle Moselle region, who was a count of the palace at the Merovingian court during the reigns of Theuderic III and



Childebert III. They had several daughters,

After the death of Hugobert, around 697, she built a monastery at Oeren in Trier, which was eventually named after her, and where she installed as abbess

Irmina donated lands to help co-found, with Saint Willibrord of Northumberland, the convent in Echternacht in 697 or 698. The founding of the Echternacht convent was a cooperative venture between Willibrord and Irmina's family. who later promised to protect the convent and its holdings after Willibrord promised fidelity to them in 706. Irmina was "generous to both Celtic and Saxon missionary monks". She died in 720 at the monastery at Weissenburg, which was also founded by her father. Her feast day is December 24th. She is the patroness saint of Trevos and is represented with a church in her hand, signifying her status as a church founder and with two angels above

her head, carrying her soul to

2025 North End Athletic Association Fall Soccer Registration Underway

Registration for the North End Athletic Association (NEAA) 2025 Fall Soccer is now underway. Our program will begin on Saturday. September 6th and run through Saturday November 8th. There will be no games on Saturday, October 11th as part of Columbus Day Weekend.

The program will run as follows:

Boys & Girls Ages 4/5 Year Olds Saturdays from 9:00 a.m. to 10:00 a.m

Boys & Girls Ages 6 to 8 Year Olds – Practice on Tuesdays from 5:30 p.m. to 6:30 p.m. Games on Saturdays from 10:15 a.m. to 11:15 a.m.

Boys & Girls Ages 9 to 12 Years Old – Practice on Thursdays from 5:30 p.m. to 6:30 p.m. Games on Saturdays from 11:30 a.m. to 12:30 p.m. All ages are as of 9/1/25.

The season will start on 9/6 and end on 11/1

On Saturday 11/8 - there will be the Mayor's Cup Tourney and also possibly a Soccer Jamboree run by the City Parks & Rec department - we are waiting on details for both of these.

heaven.

Registration cost is \$65 per player, this includes Team Shirt, Soccer Socks and a new ball for those who need one – if you have last years' please bring it. All new players will get a new ball or those moving up to the 9 to 12 group will get the larger size ball. Space is limited, so sign up early.

The North End Athletic Association will never prevent a child from playing in our programs due to an inability to pay our registration fee. If you need assistance, please contact NEAA Sports Coordinator John Romano at 617-750-9749. To Register go to: https://neaasportsboston sportngin.com/neaa-soccer