

Win 1 of 3 copies of Bob And The Monster on DVD & CD packs

closing date: 25 Oct 2013

Like 0 Tweet 1  0



BOB and THE MONSTER
on DVD and Blu-ray October 1

"A Must See Film For Anyone In Recovery"

A portrait of outspoken indie-rock hero Bob Forrest, from his life-threatening struggle with addiction to his transformation into one of the most influential and controversial drug counselors in the US today.

Score & Original Soundtrack by Josh Klinghoffer (RHCP)
on CD and Digital October 1

BOB AND THE MONSTER is a documentary chronicling the life of charismatic singer/songwriter Bob Forrest, from his days as front man of the indie rock band Thelonious Monster, through his life-threatening struggle with addiction, to his triumph and transformation into one of the most influential addiction counselors in the world today.

[Printable version](#)

The film crafts contemporary footage, animation and compelling interviews with rare archival performances and exclusive personal videos that take Bob's past to reveal the complex layers of this troubled, but optimistic soul. Testimony from his peers, including Courtney Love, Anthony Kiedis, Flea, John Frusciante, members of Jane's Addiction, Fishbone and Guns n' Roses add texture, but it's the depth of Bob's story, interwoven throughout the film, that illuminates this unforgettable and truly inspirational story. Director Keirda Bahruth has spent six years filming Bob Forrest and depicts a fascinating portrait of an intrepid soul whose passion for music and self-discovery is evident in both his failures and successes. The film traces his extraordinary life, from a traumatic childhood event through decades of poverty and drug addiction; numerous menial jobs and an unlikely rise to stardom with his band Thelonious Monster; a fall back again through homelessness, 22 drug rehabs and jail; to his unexpected transformation into an acclaimed drug and alcohol counselor who now dedicates his life to helping fellow musicians recover from addiction.

Soundtrack / Score (available on October 1st) for this award winning documentary is composed by Red Hot Chili Peppers guitarist Josh Klinghoffer. It also includes tracks from Thelonious Monster, The Bicycle Thief and Bob Forrest.

BOB AND THE MONSTER transcends the stereotype of heroin addicted rock star and reveals a more personal message. Bob's story is a testament to the heights of human courage and the ability to shape your own destiny.

ABOUT KEIRDA BAHRUTH (director / producer):

Keirda Bahruth is a freelance director / producer based in Los Angeles. She began her career working on various music videos before transitioning into the commercial world on ads for Toyota, Apple and many others.

Keirda moved to New York City via Coppo Films teamed her up with legendary Saturday Night Live director Jim Signorelli, famous for his popular commercial parody sketches. Signorelli mentored Keirda and instructed her to shoot behind-the-scenes footage of life at SNL for the show's 25th anniversary special, which gave her complete access to the inner workings of the show. SNL was an unlikely place to develop a career in documentary filmmaking, and yet this was the breeding ground for Keirda's love of filming extraordinary people in their day-to-day lives. After three full seasons at SNL, Keirda returned to Los Angeles and joined the nascent world of reality television, which had just begun to sweep the nation. She has directed and produced shows for CBS, NBC / Universal, Discovery Channel, E!, Fox, The WB and MTV.

In 2004, Keirda founded Shaker Films with partner Rick Ballard and began shooting her first documentary film titled **BOB AND THE MONSTER**. While filming **BOB AND THE MONSTER**, Keirda was recruited by Interloper Films in 2008, to produce the documentary feature **LIVE IN PUBLIC**. The film led to many successes, including a Grand Jury Prize win at Sundance 2009, acquisition by MoMA, massive amounts of incredible press and a theatrical release.

BOB AND THE MONSTER premiered at the 2011 SXSW Film Festival and has since played such prestigious festivals as Hot Docs, Sheffield, Silverdocs and many more.

The film was released digitally on September 3rd and shot to #3 and has remained in the Top 10 since its release. The public response has been overwhelmingly positive with Tweets such as "Bob and The Monster has to be the best music / addiction doc film ever made", "I just finished watching 'Bob and The Monster', wiping away the tears. Everyone must see this film". The public has given it a rating of 8.9 on IMDb. This is a timeless film that is just entering the first stages of its meteoric rise!

Forrest's autobiography, "Running With Monsters" will also be released on October 1, 2013 via Random House Publishing.

Simply enter just send an email with BOB in the subject line to comp@film-news.co.uk including your name, address and telephone number. Winners will be notified by phone/email.

It's that simple! Best of luck!

Enter in with a chance of winning 1000 CDs/DVDs including rare, signed and promotional copies simply 'like' our Award Winning

music-news.com facebook page  . And double your chances by following music-news.com on Twitter 

For all CDs, gig tickets and other music related prizes visit our sister site music-news.com competitions page [here](#).. or more Film-News competitions [click here](#)

© Film-News 2013,mt

On-line film site featuring news, reviews, interviews and all the gossip from the UK Film scene