



**the
grip
weeds**

how I
won the
war

1 how I won the war (4:25) **2 rise up** (3:01) **3 follow me blind** (2:56) **4 life saver** (4:09)
5 other side of your heart (4:42) **6 see yourself** (2:45) **7 vanish** (3:23) **8 sounder** (instr) (:20)
9 force of nature (3:18) **10 crossfire** (instr) (1:30) **11 heaven and earth** (3:48)
12 over and over (3:50) **13 rainbow quartz** (2:39) **14 truce** (instr) (1:00) **15 lead me to it** (3:38)
16 aka victory (1:22) **17 the inner light** (3:19)

recorded, mixed & mastered at the house of vibes
produced by the grip weeds



Jem
recordings

www.jemrecordings.com www.gripweeds.com

©© 2015 Strange Change Music under exclusive license to Jem Recordings. All rights reserved. Unauthorized duplication is a violation of applicable laws, and it hurts the artist so please don't pirate this record! MVD7134A

***How I Won The War* was Performed, Arranged and Produced by The Grip Weeds.**

Kurt Reil Vocals, Drums, Guitars, Lapsteel, Wurlitzer, Hammond, Piano, Mellotron, Minimoog, Percussion

Kristin Pinell Guitars, Vocals, Flute, Electric Sitar, Lapsteel, Cowbell

Rick Reil Vocals, Guitars, Electric Sitar, Harpsichord, Hammond and Farfisa Organs, Piano, Mellotron, Minimoog, Percussion

Dave DeSantis Bass Guitars

Recorded at The House Of Vibes (www.houseofvibes.com) and HOV North by Kurt Reil. Additional recording at HOV NYC by Rick Reil.

Mixed at HOV by Kurt Reil with assistance from Kristin Pinell and Rick Reil.

Mastered at HOV by Kurt Reil.

All Songs © 2015 Strange Change Music (BMI). All songs published by Strange Change Music except "The Inner Light" written by George Harrison and published by Sony/ATV Music Publishing LLC.

Photos by Nancy Heyman, Kristin Pinell and Eli Ransford. Archival photos courtesy of Wikimedia Commons.

Private Grip Weed played by Theo Meyer.

Graphic Design by Pygnosis.

Special thanks for helping us win the war:

Marty Scott (Jem Records), Toni Scott, Mark Lindsay (for gear and ideas), The Smithereens, The Doughboys, Jon Dawson, Bruce Ferguson (for Dave!), Jon, Rob and Steve (The Secret Syde), Patrick Flynn (for the harpsichord), Glenn and Al @ Netark, Danielle Greenberg, Tom Frangione, Rich Firestone, Danny Adlerman, Little Steven Van Zandt, Jim 'Rainbow Quartz' McGarry and Topper, Ray Paul @ Permanent Press, Ivy and Violet, the Reil, Pinell, DeSantis and Vale families.

Our lives are filled with choices. We are all bombarded everyday with situations both good and bad, and they challenge us to see things in either a positive or negative light. When conflicts inevitably arise, we can either let them overtake us or rise above them. It's hard at first to forge a path towards the light and make everything we do a step in that direction. How can you win the war? Stop fighting.

How I Won The War (Kurt Reil)

I. Battleground keep your head down
Put up a fight cause you're here for more
Hearts and minds enemy lines
Drawn in the sand washed up on the shore

II. Sound and light inner theater
Waging war for winds that roar
Will blow your mind up to the sky

III. Soft and yielding
Bend and shape me
Force is overcome

IV. Chorus
It's how I won the war
It's how I won the war

V. Post Chorus (instr)

I. On the run under the gun
Caught in the crossfire of your sights
Blown apart shot through the heart
Shell shocked and damaged to take your life

II. How much more can you endure
Of wasted words that slash and burn
I'm moving on the battle's won

III. IV. V. It's how I won the war

Rise Up (Kurt Reil)

Pushing back you're up against resistance
No idea of what to do so you don't
Show of force a voice of opposition
It's all you got when you're losing control

Mobilize a bloodless revolution
Pull the trigger and you send out a blast
Armchair quarterback behind computers
The firewall keeps you safe from attack

CH: Oh oh Rising Up Rising Up
I said oh oh Rising Up
Rising Up

You plant your stick in the mud and look no further
Going nowhere but you're standing your ground

Sabotage you're backed into a corner
The weight of the world is holding you down

CH

Follow Me Blind (Rick Reil)

Thanks for what you've given me
Round and round we go
Make your case for leaving me
Pay before you go

It's the love I capture all of the the time
It's the love I capture
Messing up your mind
Why can't you see
Messing up your mind oh yeah

It's the same thing everyday
I'm at war with you
Turn your back on what I say
What am I to do

It's the love I'm after call it a crime
It's the love I'm after
Messing up your mind
Why can't you see
Messing up your mind oh

CH: Follow Me Blind
Follow Me Blind you

Messing up your mind
Why can't you see
Messing up your mind oh yeah

You don't know it's killing me
We don't talk at all
Every time I take my leave
Someone blocks the door

it's by love I'm captured every time
it's by love I'm captured
Messing up my mind
If I concede
Messing up my mind oh yeah
Messing up my mind
If only I could see
Messing up my mind oh

Life Saver (Kurt Reil-Jon Dawson-CJ Grogan)

When the one you think has won you over
Is the one you wonder why
For all you know your love's an endless sigh
And with all you got you can't recover
It's building up inside
You only see a story in her eyes

And your one life saver
Is the one who let you down
And the all night raver
In the morning can't be found
It's your guardian angel
Who brings a sickness to the cure

I see the world fall before both our eyes
Life Saver throw me your line

When you're dragging around the weight of fortune
With a rope that's hanging high
And all you get is friction from all sides

Cause your one life saver
Is the one who pulled you down
And the all night raver
Is later nowhere to be found
But he takes you higher
And leaves you flying on the ground

And just when it feels like it's all over
And it's your last time around
The world is turning up and rising down

And your one life saver
Is the one who caused you pain
And your shining armor
Has become a ball and chain
He's your one life saver
And he leaves you hanging on
Cause your one life saver
Can never get you what you want

Other Side Of Your Heart (Kurt Reil)

Flashing in the glow of love
Frozen out the minute you pulled the plug

Distant now so cold
An angel's walk through love untold
You're someone else away from me
I call to you but I know I've been deceived
by your changing face
In vertigo you fell from grace

CH: Other Side Of Your Heart
Turn away from the light of day
Other Side Of Your Heart
Plunge into the darkest part of your soul

In the mirror of my mind
Reflections of a memory left behind
Arms held out to reach
A shadow show of make-believe

CH

My bleeding heart has turned to stone
The color drains the petals fall from a rose
Into shades of grey
A fist of thorns your hands betray

See Yourself (Reil-Reil-Pinell)

Times that I've had
Make me feel sad
You want to run you want to hide
Get away from what you feel inside now

See Yourself like I do
Free yourself it's your move

By my command
Feel like a man
You want to run but turn around'
Cause you can't burn your bridges down now

See Yourself like I do
Free yourself you'll get through

See Yourself like I do
Free yourself you'll get through
See Yourself like I do
Free yourself it's your move
See yourself

Vanish *(Kurt Reil)*

Voices whisper taking sides
Right or wrong I can't decide
It's a war inside my mind

I've vanished from a field of green
Waking life behind a screen
Deeper feelings go unseen

CH1: Here and then it's gone
Vanish in the sun
Melt away when day is done
Vanish out of view
I'm just passing through
So important to so few

Clouds are blocking out the sun
It still shines on everyone
If only I could rise above

The Silent Watcher waits for me
To see the forest for the trees
Bring an end to my daydream

CH2: Here and now it's gone
Vanish in the sun
Melt away when day is done
Vanish out of view
I'm just passing through
So important to so few

CH1

Force Of Nature *(Kurt Reil)*

Sending Waves cross the river
Into space currents of time
Feel it flow you got the power

And nothing can stop this force of nature
Nothing can stop this force of nature- Nothing

Open doors to perception
Ride the wind mills of your mind
You must know there's no question

That nothing can stop this force of nature
Nothing can stop this force of nature from coming

Knocking you off your high horse
Running for your life
King of the mountain no longer now

If you think you're immortal
And no one can change your world
But you've got no right of refusal

'Cause nothing can stop this force of nature
Nothing can stop this force of nature
Nothing can stop this force of nature
Nothing can stop this force of nature from coming

Heaven And Earth *(Rick Reil-Kurt Reil)*

She is so far beyond my world
Just the touch of her hand sends me out of my head
Never notice my ultimate sacrifice

CH: I move Heaven and Earth for you
I move Heaven and Earth

She is a love I could never know
I reach out in the dark and hold on to a dream
Shelter behind defenses
The wind blows hard

CH

Oh no how could I lose what was never mine
CH

Over And Over *(Kristin Pinell-Kurt Reil)*

Boys were fighting at The Kettle down on 4th Street
Friday on my mind shaking off the work week
Drank too much but no one remembers
Regrets or pleasant surrender
Dizzy sunrise shines on me

We were walking through the village streets in my dream
We were talking 'bout how all good things come between
Twist the past make sense of it all
Close my eyes and pray I don't fall
Valentine your sad song is playing

CH: Over and over again
I feel the rhythm of the streets in my veins
Over and over again
Still doing time in my rock n roll band

Subways crawling up the C-line to rehearsal
Sidewalks buzzing and taxis spin in circles
Take the path the music reveals
Play guitar in strawberry fields
Butterfly I had to fly

CH

Rainbow Quartz *(Rick Reil)*

Last night got out of a car
I caught a glimpse of someone in the dark
Dressed in black and hair was the same
Left a trace running in the rain

Followed her after the show
I devised that I would get to know her
Riding high a moment to win
Hiding thoughts that try to do me in

CH: And her eyes sparkle like a Rainbow Quartz
Sparkle like a Rainbow Quartz
Sparkle like a Rainbow Quartz
Sparkle like a Rainbow

She's not the same
And so I strategized in vain
A distant name so far aflame

Later on I waited to call
Staring at the clock upon the wall
Saw the moon remember a dream
Then I knew that she was there for me

CH

Lead Me To It *(Kurt Reil)*

Gotta get me to the world on time
Because I don't want to miss a line
To distract me from my state of mind
I'm looking for a reason

Won't you give me something I can use
Cause there's nothing more I've got to lose
Got my mind made up but I can't choose

CH1: Won't you lead lead me to it
To the other side of life
Lead me to it

Up against a rear window
I'm outside looking in the know
See me grasping for a seed to sow
There is a season

All the days of future passed me by
And the secret's hidden in plain sight
You have no idea what it feels like

CH2: Won't you lead lead me to it
To the spirits in the sky
Lead me to it

Follow me down follow through now
Wax and wane
Turn your loss into gain
Take my lead now lay your burden down
Your darkest days will light your way

CH1 and CH2

The Inner Light *(George Harrison)*

Without going out of my door
I can know all things on earth
Without looking out of my window
I could know the ways of heaven

The farther one travels
The less one knows
The less one really knows

Without going out of your door
You can know all things of earth
Without looking out of your window
You could know the ways of heaven

The farther one travels
The less one knows
The less one really knows

Arrive without traveling
See all without looking
Do all without doing

MTDX MAX ITMA MAX FNLBV KXOXTL

