

**GET YOUR POP CULTURE FIX WITH CHICAGO REVIEW PRESS**  
www.chicagoreviewpress.com

- [FEATURES](#)
- [NEWS](#)
- [VIDEO](#)
- [REVIEWS](#)
- [BLURT OUT LOUD](#)
- [SHOP](#)
- [CONTACT](#)



SEARCH BLURT  
 January ▼ 2008 ▼

[« Back to News](#)

# Controlled Bleeding 30th Ann. + Free MP3

07/02/2008



- Jul 2008**
- [CHANNEL GUIDE: Monday Music](#)  
07/07/2008
  - [Live Exclusives: Tom Waits, Hold Steady](#)  
07/07/2008
  - [Avett Brothers Ink Deal w/Rubin, American Recs](#)  
07/07/2008
  - [moe. Announce Annual moe.down Lineup](#)  
07/07/2008
  - [Obscurity Check: The Hello People \(60s-70s\)](#)  
07/07/2008
  - [more...](#)

**Jun 2008**

[CHANNEL GUIDE: Monday Music](#)

06/30/2008

[Stop Press! Slipknot Gets Fresh Masks!](#)

06/30/2008

[Singer-songwriter David Ford w/New Vid](#)

06/30/2008

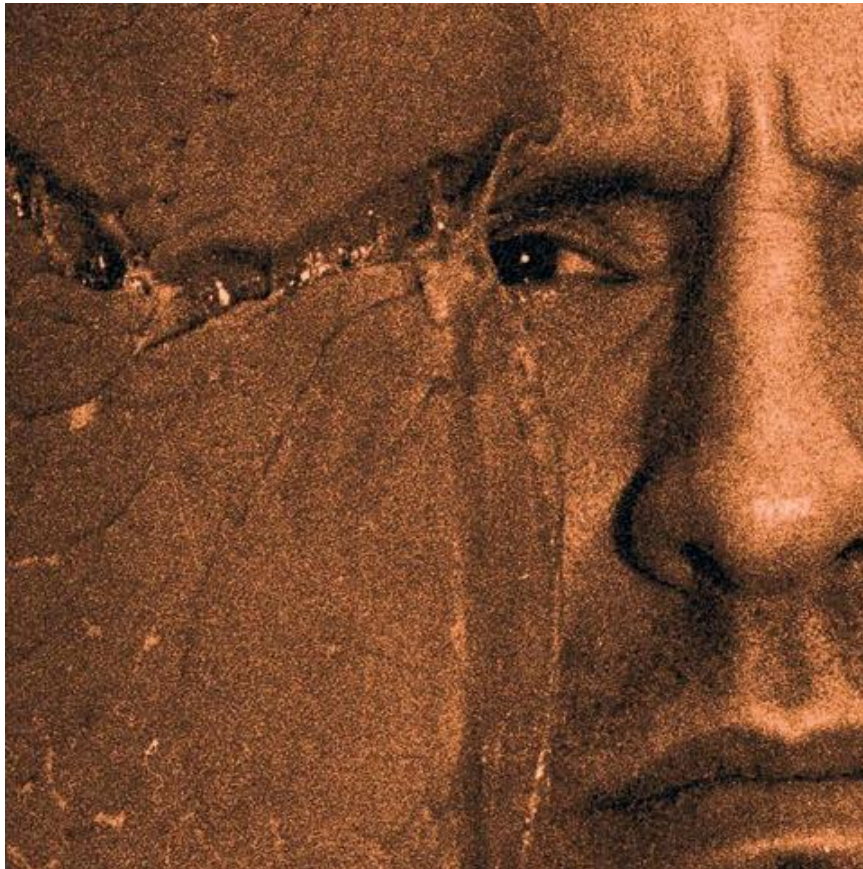
[Complete Pitchfork Fest Sked Announced](#)

06/30/2008

[Blurt Exclusive: Flipper Comes Alive!](#)

06/30/2008

[more...](#)



*New album Before the Quiet just out too.*

By Blurt Staff

Controlled Bleeding, one of the earliest American acts to pioneer industrial music, is celebrating its 30 year anniversary with a free download of "Wall of China Love Letters," the second track on *Before the Quiet* ( MVD Audio). Oddly, although the song was recorded in 1978, the abrasive, bouncing, instrumental could be a musical blueprint for the bands coming out of Williamsburg's disco punk scene. See below for the MP3.

Although Controlled Bleeding has been and always will be lumped into the genre of old school industrial music, their earliest inspirations were steeped in the first wave of New York City punk bands like The Dictators, Dead Boys, the Ramones and the brooding technical brilliance of King Crimson, Mahavishnu Orchestra and Henry Cow. *Before the Quiet*, a collection of music from the early formations of the group, infused with the hunger and intensity of youth, clearly illustrates the collision of these seemingly opposing influences. Recordings from 1978-1982, assembled by main man Paul Lemos capture the different early eras of the band. The album is an incredible peek back into the early days of "anything goes" alternative music.

**Check out the band (and its many side projects):**

Controlled Bleeding: [www.controlledbleeding.com](http://www.controlledbleeding.com)

Controlled Bleeding MySpace: [www.myspace.com/controlledbleeding](http://www.myspace.com/controlledbleeding)

Breastfed Yak: [www.breastfedyak.com](http://www.breastfedyak.com)

Skin Chamber: [www.skinchamber.com](http://www.skinchamber.com)

Fat Hacker: [www.fathacker.com](http://www.fathacker.com)

[Photo Credit: Paule Saviano]

["Wall Of China Love Letters"](#)



Ads by Google

[Awesome Live Band](#)

"The Band Makes or Breaks It..."  
Why Chance It?  
Call Today!

[www.JanisNowlan.com](http://www.JanisNowlan.com)

**Music Scenes**

So Brooklyn and L.A. are where cool supposedly rules. We say Feh! Where are the REALLY great music scenes?

- Chicago, IL

- Austin, TX
- Asheville, NC
- Washington, DC
- Portland, OR
- Atlanta, GA
- Memphis, TN
- San Francisco, CA
- Toronto, Canada
- Omaha, NE

[Current Results](#)

[FEATURES](#) / [NEWS](#) / [VIDEO](#) / [REVIEWS](#) / [BLURT OUT LOUD](#) / [CONTACT](#) / [SHOP](#)

© MMVIII BLURT MAGAZINE. ALL RIGHTS RESERVED.

[PRIVACY POLICY](#) / [TERMS & CONDITIONS](#)