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THURSDAY, JULY 10, 2008

CONTROLLED BLEEDING CELEBRATES 30 YEAR ANNIVERSARY WITH BEFORE THE QUIET CD AND FREE DOWNLOAD

CONTROLLED BLEEDING, one of the earliest American acts to pioneer industrial music, is celebrating its 30 year anniversary with a free download of "Wall of China Love Letters," the second track on BEFORE THE QUIET, just released by MVD Audio. Oddly, although the song was recorded in 1978, the abrasive, bouncing, instrumental could be a musical blueprint for the bands coming out of Williamsburg's disco punk scene.

You're being given permission to download "Wall of China Love Letters," then offer it as free a download on your OWN website, play it on your radio show or include it in a DJ set. You're also encouraged to pass "Wall of China Love Letters" around to friends. All we ask is that you somehow please mention BEFORE THE QUIET and the band's website URL (www.controlledbleeding.com) or MySpace page (www.myspace.com/controlledbleeding)

To download the song file, follow the link:

http://www.controlledbleeding.com/uploads/02_Wall_of_China

Although CONTROLLED BLEEDING has been and always will be lumped into the genre of old school industrial music, their earliest inspirations were steeped in the first wave of New York City punk bands like The Dictators, Dead Boys, the Ramones and the brooding technical brilliance of King Crimson, Mahavishnu Orchestra and Henry Cow. BEFORE THE QUIET, a collection of music from the early formations of the group, infused with the hunger and intensity of youth, clearly illustrates the collision of these seemingly opposing influences. Recordings from 1978-1982, assembled by main man Paul Lemos capture the different early eras of CONTROLLED BLEEDING. BEFORE THE QUIET is an incredible peek back into the early days of "anything goes" alternative music.

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▼ July (76)

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