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## Venomous Concepts

MVD is rereleasing Earache's *My Eye* video comp ([currently available on VHS for 50 cents](#)) on DVD next month. Of course, home videos don't really matter in the YouTube age — almost every video included here ([including this hilarious Cathedral video](#)) is available online by now. But the tracklist is rock solid, and there's even some stuff you never thought you'd think about again, like [Meathook Seed](#), a "supergroup" with Mitch Harris and Shane Embury of Napalm Death and Donald Tardy and Trevor Peres of Obituary that had about as many live performances as Nailbomb.

Tardy and Peres dropped out after *Embedded*, but the rest of the guys reconvened in 1999 with a new vocalist (Christophe Lamouret) for *Basic Instructions For Leaving Earth*. The first record seems like it was thrown together really quickly and it's actually kinda fun, though the follow-up (see "Elemental" below) sounds like Jesus Jones and it's actually kinda dreadful. Nailbomb definitely had the right idea with the blitzkrieg, take-no-prisoners approach. At current writing, Meathook Seed is on hiatus, though Shane Embury has, like, 6000 other bands filing up his datebook and Christophe Lamouret is grinding out nu metal en francais with his own project, [Out](#).

Meathook Seed, "Famine Sector" [from *Embedded*]

Meathook Seed, "Elemental" [from *Basic Instructions For Leaving Earth*]

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### 3 Responses to "Venomous Concepts"

1. [Ian Christie](#) Says:

[February 20th, 2008 at 4:08 pm](#)

Hey, that's MITCH Harris — I saw them in New York, the dayglo body paint burned my eyeballs pretty badly.

2. [nick](#) Says:

[February 20th, 2008 at 4:18 pm](#)

FUCK!

I had to edit that so I didn't look like too much of an asshole for confusing my Napalm Harrises.

Everyone go buy Ian's [awesome new book](#), ok?

3. [Andrew @ AVERSIONLINE](#) Says:

[February 21st, 2008 at 9:06 am](#)

The first Meathook Seed album is fucking incredible. I've loved that shit ever since I was a kid, and I can vividly remember wanting to violently destroy the second album when it originally came out. I was so furious at how unbelievably terrible it was compared to the debut. I don't think I've listened to it since around that first month it was released. Maybe I'd be more tolerant now, but... I don't know. I don't think I want to forgive them for that one...

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