

Breaking News

A bit of this, a bit of that.

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Canwest News Service

There's something for everyone in this grab bag of goodies. Spend a little, spend a lot, for him or for her.

* The Body Shop gets festive every year at this time with tempting fragrances in a range of skin-care lines. Try crisp Merry Cranberry or smooth, spicy Nutmeg Vanilla or one of the popular shop's original scents, such as Dewberry. Select from shower gel, body lotion, body butter and bar soaps to make your own gift set.

* Here's a genius idea for the absent-minded. The E-Z Find gadget can be programmed with the location of 25 of your most precious possessions. A receiver tag is attached to each item, and the next time something goes missing, the LCD screen on the E-Z Find shows exactly where it is. At www.e-zfind.com, \$49.99 plus shipping.

* Equally important for the home chef is a high quality knife sharpener. The Chef's Choice Pronto 464 (\$44.99 and up) first hones, then sharpens both straightedge and serrated knives with 100-per-cent diamond abrasives. At fine department stores, kitchen shops.

* Keeping fit is a tough battle during the festive season, but a set of GoFit Power Loops (\$14.99) may help inspire a few new year's resolutions. These multicoloured bands provide varying degrees of resistance to tone and strengthen. Online at www.gofit.net/power-loops.php.

* Fans of the '60s Mod music movement will love to add The Who, the Mods and the Quadrophenia Connection (\$29.99) to their DVD collection. This documentary is rich in music history, featuring rare footage of interviews with The Who, music theorists and, of course, a rocking soundtrack of favourites. Check local music shops or online at www.amazon.ca.

* Every tween girl's beauty dream can come true this season. Choose a set of five e.l.f. lip glosses (\$10.99), the Philosophy Bake Shoppe set of delicious bath products in scents like Raspberry Mousse and Layer Cake (\$42) or the Sephora Cool Magic Eye Shadow Palette, with five shades for \$34. E.l.f. is at Zellers.

Edmonton Journal

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