

Discover Dance
Combinations

DVD
VIDEO

The Rumba

...closed basic movement...fan...alemana turn...hand to hand to the right side...spot turn...closed basic movement...side step to the left...cuban rock...new york in left side position...new york in right side position...underarm turn to left...side step to the right...closed basic...natural top...opening out to right and to the left...spiral turn...closed basic movement...fan...alemana turn...hand to hand to the right side...spot turn...closed basic movement...side step to the left...cuban rock...new york in left side position...new york in right side position...underarm turn to left...side step to the right...closed basic...natural top...opening out to right and to the left...spiral turn...closed basic movement...fan...alemana turn...hand to hand to the right side...spot turn...closed basic movement...side



with Simon and Heidi Cruwys
former UK Professional Ballroom Champions

the **best**, step by step,
interactive guide to the Rumba

Series 2

Discover Dance Combinations The Rumba Series 2

Simon and Heidi Cruwys, former UK Professional Ballroom Champions provide the best, step by step, interactive guide to the the Rumba.

The aim of this DVD is to teach you a series of three stylish Latin combinations. Simon and Heidi Cruwys, former UK Professional Ballroom Champions provide the best, step by step, instructions. Each of these combinations will be taught in three clear stages. Stage 1: Each step within the combination can be practiced individually with detailed instructions. Each step will be repeated slowly three times. Stage 2: The steps will now be practiced together in sequence, as they appear in the full combination. The step sequence will be repeated six times. Stage 3: Finally, the whole combination is practiced to music at a realistic pace. The combination will be repeated six times. You'll be the envy of friends and family in no time!

BONUS

- Bonus routine for next series
- Special professional competition Rumba routine
- Looped practice structure
- Interactive menus allow you to practice on your own as Leader (Gentleman), Follower (Lady), or as a Couple

Title	Discover Dance Combinations - The Rumba Series 2
Selection #	DDC1702
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Retail	\$19.95
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Box Lot	30
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Audio	Stereo
Format	DVD

