

Kathy Sanborn - "SMALL GALAXY"

"...infectious and fresh... From tap-your-feet tracks to the inspirational, the new album shines with positive vibes." – Denis Poole, Smooth Jazz Therapy.com

Artist	Kathy Sanborn
Title	Small Galaxy
Selection #	PJ24345
UPC	884501243452
Street date	April 6, 2010
Radio Add Date	March 15, 2010
Genre	Jazz
Run time	35:35
Label	Pacific Coast Jazz
Format	CD

Track Listing:

1) Small Galaxy 3:34
 2) Oh So Real 4:06
 3) Be Coolin' 3:44
 4) More Than You 3:49
 5) Got Me Runnin' 3:03
 6) Time to Shine 3:36
 7) Himalaya 3:20
 8) Lost at Sea 4:00
 9) Catalunya Breeze 4:09
 10) Catch the Wave 3:34

Singer-songwriter Kathy Sanborn's musical goal was to create the feel-good album of 2010, and many contemporary music fans believe she's succeeded with her second release, "Small Galaxy." The cheerful tunes of "Small Galaxy" are infectious and fresh. From tap-your-feet tracks like the title song, "Small Galaxy," to the inspirational "Himalaya," the new album shines with positive vibes. "Be Coolin'" is a tropical laid-back pleasure, while "Catalunya Breeze" captures romance on the Mediterranean Sea. "Catch the Wave" is a funky, feel-good ride, featuring trumpeter extraordinaire Wayne Ricci.

Known for her signature velvet voice, Sanborn performs her own original songs with an elegant, flavorful blend of sultry pop and jazz that defies easy description. Think Sade meets Basia meets Norah Jones, and you'll get the general idea ... Eric Cohen, music director of radio station WAER 88.3 in New York, says, "Kathy's voice truly is a gift from the heavens."

So how does the songstress feel about producing the **"feel-good album of 2010"**? Says Sanborn, "I'm glad that 'Small Galaxy' inspires people and makes them happy. Music is a powerful force for change and I'm excited when people say my songs have made a positive difference in their lives. Believe me, it makes it all worthwhile."





www.kathysanborn.com

Personnel:

Kathy Sanborn: keyboards, piano, lead and backing vocals, percussion, bass, drums/loops, programming Wayne Ricci: trumpet and trumpet orchestrations

RADIO ADD DATE: March 15, 2010



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More about Kathy Sanborn continued from page one

Sanborn's optimistic outlook on life directly influenced her creative process on "Small Galaxy." As she explains, "My theme became the idea that every individual has a perfect path to success, and once that is found, happiness inevitably follows. By listening to your heart and following your inner promptings, you find the way to your ideal path. Throughout the album, the theme of finding your way is reinforced, and I become the listener's 'cheerleader' for a brighter tomorrow."

According to the native Californian, her music celebrates the gift of life that we are all given. From the exuberant joy of the title track to the energetic spirit of "Catch the Wave," Sanborn's cheerful approach to life - and music - is evident. Her exceptional voice floats and swirls through each song, feather-light yet powerful, gliding as if on wings. The memorable melodies and catchy grooves of "Small Galaxy" keep your feet tapping, and the upbeat lyrics keep your spirits soaring through the Milky Way.

Sanborn says, "With my music, my goal is to bring a little bit of peace and joy to a listener's life. That's what it's all about for me ... making music to create positive feelings, both for myself and my listeners."

Born in the Bay Area of California, raised in Los Angeles, and transplanted to Sacramento, Kathy Sanborn is an optimist; she wants the world to take the focus off the negative and hear what is joyful. Since her childhood, complete with a saxophone-playing father and a singing mother, she's always wanted to perform.

Her musical style blends the best of jazz, pop, and R&B, and stems from influences too numerous to count. According to Kathy, "Probably anyone who has ever sung or played an instrument has influenced me in some way, from trumpeter Uan Rasey's work in the film Chinatown to Lani Hall's exquisitely clean, clear vocal performances. If a musician makes me feel something, that's when I know his or her work has succeeded. Mark Isham's song, "On the Threshold of Liberty" - brilliant! Vocalist Leslie Ritter - another mega talent! I could go on for hours about the musical geniuses out there ..."

When asked to describe her own compositions, Sanborn says, "I'm not sure I can describe my own music, because it changes as I change. For instance, in 2008, I produced my first album, Peaceful Sounds, a very philosophical, jazzy/new age work that is totally different from my latest album, Small Galaxy, which is packed with cheerful, catchy grooves."

Not surprisingly, Sanborn's musical efforts have struck a positive chord in her listeners. "Kathy has a beautiful voice," says fellow musician and GRAMMY® Award winner Joanne Shenandoah.

Writing both music and lyrics comes naturally to Sanborn, but she admits it can be a daunting process. She says, "The challenge of writing a new song is different each time, and it is always scary. Can I finish it? Will it be good? Plus, I never really know how it's going to come out!"

When she's not writing or performing her music, Kathy can be found reading inspirational books, participating in charity events, and feeding the birds in her northern California backyard.

About the tracks:

- 1) **Small Galaxy** This was the first song written for the album, and sets the optimistic theme for the tracks to come. I wanted to write a song that would encourage the listener to pursue his dreams instead of putting them off for another day. Blast off!
- 2) Oh So Real I wrote this song in order to celebrate the fact that every new day brings with it another chance to "feel the magic" of life. Dedicated to my recently deceased cousin Bobbie, who had an amazing zest for living. Features a lyrical solo from trumpeter Wayne Ricci.
- 3) **Be Coolin'** Reflects my own need, now and then, to catch a few moments of peace and relaxation in a private oasis, away from the hustle and bustle. Grab a frosty glass and chill!
- 4) More Than You When standing at the crossroads in a relationship, love can go in either direction. Who hasn't experienced the uncertainty of a romance gone astray?
- 5) **Got Me Runnin'** True love brings with it unimaginable joy. I wanted to write a song that captured the elation of new romance.
- 6) Time to Shine The song's positive message reflects my own belief that it can be your time to shine anytime.
- 7) **Himalaya** My motivation for writing this tune is the mountaineer who keeps on climbing until he reaches his goal the top of the mountain!
- 8) Lost at Sea Written to personify (and commiserate with) the out-of-work individual, trudging from one interview to another, with little success.
- 9) **Catalunya Breeze** My inspiration for this song comes from my love of Spain and the Spanish language, resulting in this playful romp by the Mediterranean Sea, complete with a lighthearted melody and a dreamy trumpet.
- 10) Catch the Wave Energized, funky ride to a new day, where anything wonderful can happen and often does. Inspired by my passion for slap bass, jazzy rhythms, and most importantly staying true to my inner muse!

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 For more information, interviews, images, please call:

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 Regina Starr

 heard all year. Kathy's voice truly is a gift from the heavens."
 - Eric Cohen, WAER 88.3 in New York



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